



**Daughters of Charity
Disability Support Services**

Flu Injection Information Sheet

	<p>Flu can make you feel very sick.</p>
	<p>You can get an injection to stop you getting the flu.</p>
	<p>Sometimes, the injection can give you a temperature, aches and pains or make your arm feel sore.</p>
	<p>This will go away in a few days.</p>
	<p>If you need more information, talk to your doctor or pharmacist.</p>