

COVID-19 (SARS-CoV-2) Vaccines:

Aftercare Information



An Easy Read document



Daughters of Charity
Disability Support Service



Riadas na hÉireann
Government of Ireland



**COVID-19
VACCINE**
Public Health
Advice



Thank you for protecting yourself, and others, by getting the vaccine.



Now that you have had your vaccine, we ask you to read this document carefully.

What might happen in the next few days?



Some people who got the vaccine will:

- have tenderness, swelling and/or redness in the arm where they had the vaccine injection



- feel tired



- get a headache

- have muscle pain



- get a high temperature of (+38 degrees)

What if I have fever, aches or pains?



If you have a fever or you have aches and pains, you can take paracetamol or ibuprofen to help.



If your fever lasts more than 48 hours or if you are still concerned, please seek medical advice.



Do not take ibuprofen if you are pregnant.

Do I need to do anything before I get the second dose of the vaccine?



When you are having your next and final dose of the vaccine, please tell the vaccination team if there have been any changes in your medical history.



Bring your vaccination record card with you when going to get the second dose.

Name: _____

1 Name of vaccine: _____
Batch Number: _____ Date given:

Don't forget to attend your appointment to have your second dose of vaccine.
You will have the best protection after two doses.

Second appointment date: _____

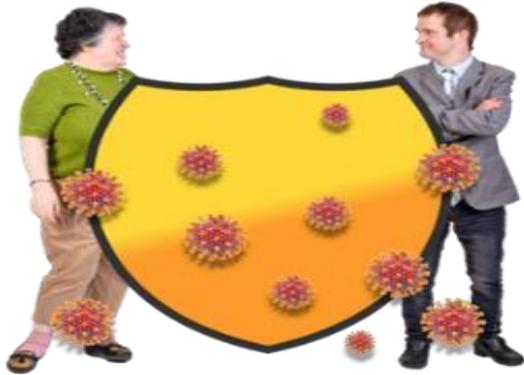
2 Name of vaccine: _____
Batch Number: _____ Date given:

www.hse.ie/covid19vaccine

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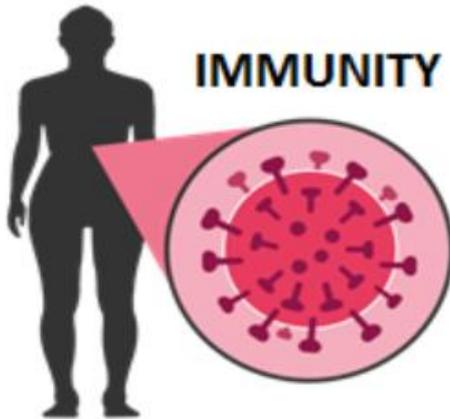
This will be in 28 days' time.

The Good News



Getting a COVID-19 vaccine should protect you from the serious complications of COVID-19.

Vaccines teach our bodies how to protect ourselves from diseases.



It is much safer for your immune system to learn this through vaccination, than by getting COVID-19.

We are still learning...



It takes 7 days after getting the second dose for it to work.

There is a small chance you might still get COVID-19 even if you have the vaccine.

We do not know yet if having the vaccine stops you spreading the virus to others. You must continue to follow public health advice:

- follow social distancing guidelines
- wear a face covering
- wash your hands regularly.



Where can I get further information about the COVID-19 vaccine?



You can ask staff, or family, or your doctor.



You can get further information online at:

www.hse.ie/covidvaccine

You can read the patient information leaflet here:

www.hse.ie/covid19vaccinePIL



You can telephone HSE Live helpline. The number is 1850 24 1850.