



Digi-ID PLUS: Digital skills education to support better health and social inclusion for adults with intellectual disabilities

INFORMATION BOOKLET

This study is being carried out by School of Engineering at Trinity College Dublin

1. What is this study about?



This study aims to support people with an intellectual disability to use technology such as computers and smartphones.



The study will support people to use technology to improve their well-being and social inclusion.

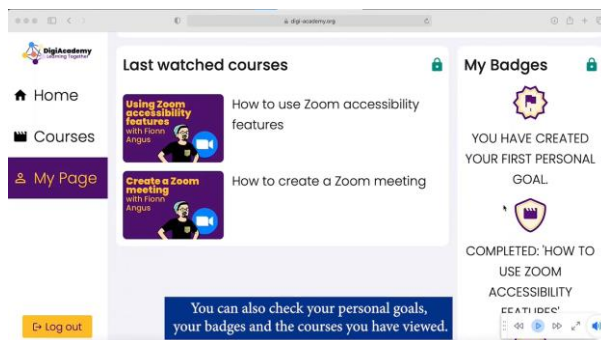


We are creating an App called: **Digi-Academy**, to teach people how to use technology. People with intellectual disability are helping to co-create and co-design the App.



In 2021 we have met around 240 people with intellectual disability across the Europe (more than 60 here in Ireland).

They were all excited about our programme and about how they were involved.



Digi-Academy will show people how to use technology for health information and to connect with family and friends.



Trinity College Dublin is doing this study.

It is funded by EIT Health.

2. Who is taking part in the study?



People with intellectual disability from Ireland are taking part in the study.



Focus group, user testing and evaluation sessions with people with intellectual disability and their supporters are arranged with the support from many Irish Services.



Other people with intellectual disability from other parts of Europe are also taking part in the study.

People from Sweden, Spain, Croatia and France will take part in their own country.

3. Who do you contact if you have any questions?

If you have any questions about the study, please contact the team:



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The University of Dublin



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