## Daughters of Charity Disability Support Services

## When You Have a Cough



	Cover your nose and mouth with a tissue when you are coughing or sneezing.
Keep it Tidy	Throw your tissue in the nearest bin.
	Wash your hands with soap and water or use hand gel.
	Keep your hands away from your eyes and nose.
	Staff will make sure you have tissues, bins, soap, water or hand gel.