

# Having a Blood Test



I need to have a blood test.  
Paula, the nurse, will take my blood in the  
clinic or in my home



A blood test can tell my doctor if there is anything wrong with me.



Paula will talk to me and get my permission(consent) to take blood



When I am ready, Paula will put a needle  
into my arm.

It might pinch a little.

I can look away if I want.



My blood will go through the needle  
and be collected in a special bottle.



When the needle is taken out, the nurse will press some cotton wool onto my arm.



My arm should not bleed but the nurse might give me a plaster.





The collected sample of my blood will be sent to a laboratory to be tested.



The results of my blood test will be sent to my doctor.  
The doctor will explain these results to me.



It is important that I have health checks to keep me well, happy and strong.

