

Core Values Monthly

October 2023



Avista



It is October 2023.

Our core value of the month is justice.

Here's what justice means to us.



My name is Mary Long

I am from Anusha in Roscrea.

Justice is about standing up for yourself
and others.



My name is Caroline Farrell.

I work as an accountant in Lisnagry,
Limerick.

Justice is fair and equal treatment for
all.



My name is Jean Bradley.

I am from St Joseph's, Clonsilla, Dublin.

Justice is standing up for yourself and your rights, and listening to other people's rights and beliefs.

Justice is always being kind to others and people being kind to me.

Justice is having rights, understanding them and using them when you want to.



My name is Emma O'Callaghan.

I am the Assisted Decision Making Co-ordinator.

Justice is working together to make sure everyone has opportunities to make decisions for themselves.



My name is Vasile Tomoiaga.

I work in the Gravediggers Pub in Dublin.

I have worked there for 11 years. I am an important member of the team.

Justice is having the opportunity to work like everyone else.

Justice is having the right support so I can live my best life.

Justice is having a supportive employer who helps me progress in work.

Justice is getting paid.

Justice is having access to work, training and real life work experiences.



My name is Girle Clarin.

I work in day supports in St Joseph's, Clonsilla, Dublin.

Justice is people of different races and religions working together for one goal.

Justice is not judging anyone and not being judged.

Justice happens when people can be themselves.



My name is Jackie Ryan

I am from Anusha in Roscrea.

Justice is about bringing our issues to advocacy meetings and solving them together.



My name is Aisling Hughes.

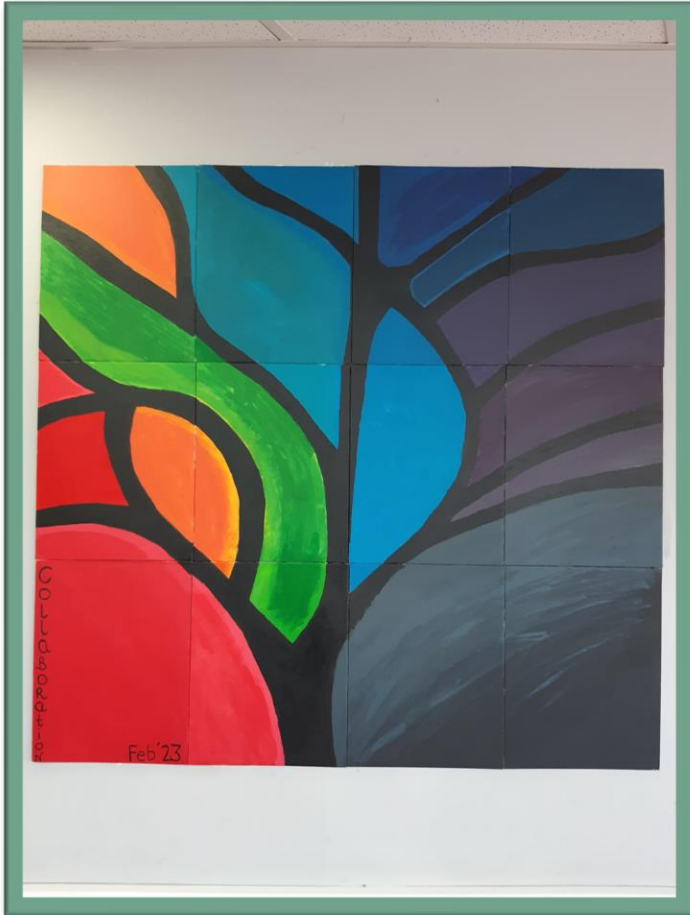
I work as a Speech and Language Therapist in Dublin.

Justice is making sure everyone has their own voice and can communicate in their own way.

Last month, our core value of the month was collaboration.

Here are our stories about collaboration and working together.

Pathways, TEES Dublin



Pathways made a beautiful core values painting.

Everyone in Pathways made one part of the painting and put it together.

The value of the month is written in the corner of the painting.

This is changed every month.

This painting was made through teamwork.

Scott from Pathways took the photo.

Nancy Leddon, the Tait Centre, TEES Limerick



I wanted to get a new job after COVID because my old job was gone.

I talked to my key workers and the supported employment officers.

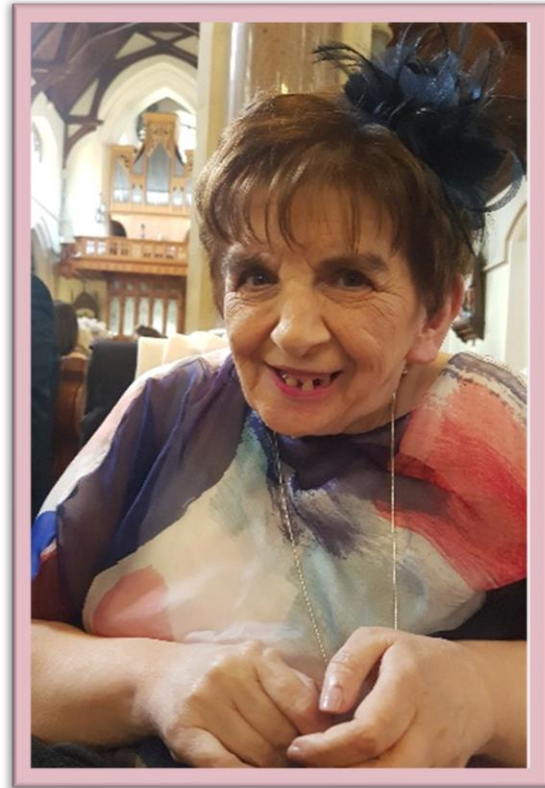
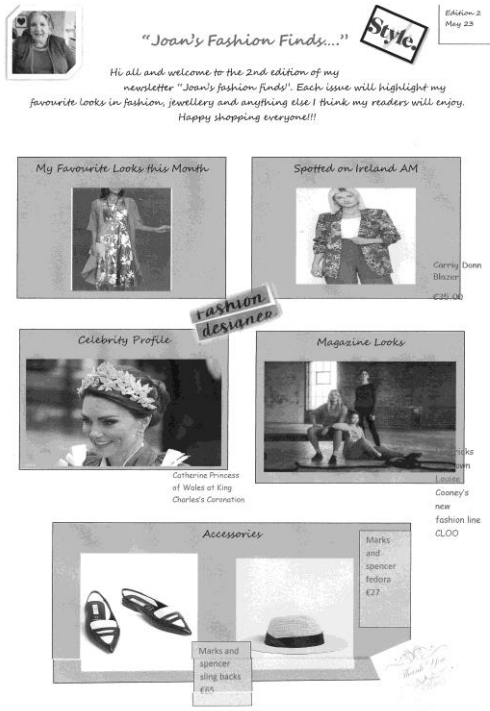
I made a goal of getting a new job in my PCP.

The supported employment officers found a job I would like in Tesco.

I made a new CV. I did an interview and a trial in Tesco. I got the job.

I am very happy. Everyone working together with me made this happen.

Joan's Fashion Finds, Vinmore, Lisnagry



Joan loves fashion and style.

Joan makes a fashion newsletter she would like to share.

It is called Joan's Fashion Finds.

It has pictures of nice clothes, jewellery and fashionable celebrities.

If you would like a copy please email vinmore@avistaclg.ie

Johnny's Pearls of Wisdom, Cappamore, Limerick



Every month, Johnny Campbell collaborates with his day support staff to pick an inspirational quote.

He hopes the quote will inspire people to live their best lives.

Johnny is making a book of quotes called Johnny's Pearls of Wisdom for his family and friends.

If you would like a copy please email cappamore@avistaclg.ie

Collaboration

a poem by Christina Corr from TOFA, TEES Dublin



Collaboration collaboration is a core value,
we are a team we work together let's get
Together and form a teamwork.

Yvonne, Mulhuddart, Dublin



Trees blocking the road



Yvonne and Counsellor Mary McCamley



The new ramp

Yvonne told the advocacy committee about a dangerous road near Parnell.

Yvonne said she cannot look for cars before she crosses because there are trees in the way. The cars go very fast.

Yvonne spoke to her local counsellor Mary McCamley about the dangerous road. Yvonne showed Mary the road.

Mary said she will put in a ramp to make the road safer to cross.

Yvonne worked as a team with Mary, her support staff Samantha and everyone at the advocacy meeting in Parnell day supports to make this happen.

The ramps will help Yvonne and everyone in the community too.

Thank you for reading

If you would like to be in the core values monthly, please contact Eve.

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