

# Core Values Monthly



October 2023

## Justice

Our value of the month is justice.  
Here's what justice means to us.



**Mary Long**

Anusha, Roscrea

Justice is about standing up for yourself and others.



**Girle Clarin**

St Joseph's Clonsilla, Dublin

Justice is one body united together with one goal regardless of creed or race .  
Justice is not judging anyone and not being judged.  
Justice is truly served when people can be their true selves and allow for their unique talents to shine.



**Vasile Tomoiaga**

Bar Staff, The Grave Diggers Pub  
Dublin

Justice is having the opportunity to work like everyone else and having the right support so I can live my best life. Justice is having a supportive employer who helps me progress, having access to work and getting paid.



**Caroline Farrell**

Financial Accountant,  
Limerick

To me, justice is fair and equal treatment for all.



**Jean Bradley**

St Joseph's, Clonsilla, Dublin

To me, justice is standing up for yourself and your rights and listening to other people's rights and beliefs. Justice is always being kind to others and people being kind to me.  
Justice is having rights and understanding them and using them when you want to.



**Aisling Hughes**

Speech Therapist, Dublin

We want to see a world where everyone is treated equally, and where everyone has the same opportunities. To us, this vision starts with helping individuals to have their own voices, and to have their own communication style recognised and valued.



**Jackie Ryan**

Anusha, Roscrea

Justice is about bringing our issues to advocacy meetings and solving them together.



**Emma O'Callaghan**

ADM Co-ordinator,  
Limerick

Working together in Avista we remove the barriers that hinder access to opportunities for decision making and justice for all individuals in society.

# Here is how we celebrated last month's value: collaboration

## Johnny's Pearls of Wisdom

Each month, Johnny Campbell collaborates with his day supports in Cappamore to research and select an inspirational quote that will inspire everyone to live their best lives. By the end of the year, he will have a book of quotes called 'Johnny's Pearls of Wisdom'. Johnny's Pearls of Wisdom will be shared with family, friends and anyone who might like a copy. If you would be interested in receiving a copy of Johnny's Pearls of Wisdom, please contact [cappamore@avistaclg.ie](mailto:cappamore@avistaclg.ie)



## Yvonne Makes a Difference

At an advocacy meeting, Yvonne and her friend Kathleen said they didn't like crossing Ladyswell Road when going to Parslickstown House, because the road was dangerous. Yvonne could not see the speeding cars on the road because there were trees in the way. A discussion was had about how Yvonne could make the crossing safe and who she should contact to do so. Yvonne contacted a local counsellor, Mary McCamley, who met with her and walked to Parslickstown House to see the road for herself. Mary McCamley contacted the road management team and told them about the issues. They suggested putting ramps at the entrance of Parslickstown House. Mary rang Yvonne to let her know the plan. Mary said that road works are being done at the minute, but temporary ramps have been put in place until permanent ramps are built. Yvonne collaborated with Mary, her support staff Samantha and all at the advocacy meeting in Parnell day supports to make this happen. These ramps will not only benefit Yvonne but the wider community too.



## Collaborative Painting in Pathways

This month everyone in Pathways created a core values art piece for their wall. Everyone worked together to make a wonderful painting that illustrates continuous growth and collaboration. The painting is made of individual panels put together. Each panel was painted by a different person in Pathways. The corner panel on the bottom left displays the core value of the month. A true example of collaboration in action. Well done all at Pathways!



Photo by Scott from Pathways

# Here is how we celebrated last month's value: collaboration

## Joan's Fashion Finds

Joan is very interested in style and fashion. To collaborate, share her knowledge and keep everyone up to date, Joan has started a fashion newsletter called 'Joan's Fashion Finds'. In 'Joan's Fashion Finds', Joan will share her favourite looks, jewellery and anything else she thinks her readers will enjoy. In this month's edition, Joan has also included a celebrity profile. If you would like a copy of Joan's Fashion Finds, please email [vinmore@avistaclg.ie](mailto:vinmore@avistaclg.ie)



## Nancy Leddon's New Job

I wanted to get a new job after covid, as my old job was gone. I discussed this with my key workers, and with Rose and Colette, the Supported Employment Officers. It went down as a goal in my PCP. To get ready for having a new job, I did a manual handling course given by Aiden, and a food safety course with Tom. I worked with Rose and Colette on doing up a new visual CV. Anne and Maire helped me to find suitable photographs and information to fill in the CV. Anne and Maire put my name forward for a college course in TUS



about getting a new job. Just before it was due to start, Colette and Rose found a job they thought I would like in Tesco. I did an interview and got a trial period working two mornings a week. After 13 weeks I was told that I had done really well by the manager in Tesco and I got a contract. I was offered an extra day of work too. I am very happy. Everyone working together with me made this happen.

## Collaboration a poem by Christina Corr

Collaboration collaboration is a core value,  
we are a team we work together let's get  
Together and form a teamwork.



October

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Come and share stories, poems and photos about  
justice on Tuesday 10th of October on the EHUB at  
11am.



## **VALUE OF THE MONTH**

**October 2023**

# **JUSTICE**

**‘When other people see you as a third-class citizen, the first thing you need is a belief in yourself and the knowledge that you have rights. The next thing you need is a group of friends to fight back with.’**



**Judith Heumann, Disability Rights Activist**