Trinity College Dublin
The University of Dublin

HEALTHY HAPPY AGEING

The Intellectual Disability Supplement to
The Irish Longitudinal Study on Ageing
(IDS-TILDA)

IDS-TILDA Christmas Card Competition 2023

The IDS-TILDA Team at Trinity College Dublin are getting ready for Christmas. We would like to invite you to enter our competition to design our Christmas card.

Each entrant will be awarded a certificate from Trinity College Dublin.

The artists of the winning pictures will have their artwork displayed on the 2023 IDS-TILDA Christmas Card and will also receive a prize each.

To Enter:

- Create a Christmas or Winter picture with paints, crayons, markers, pens or pencils.

- Take a clear photo of your picture.

- Email the photo of your picture to: idstilda@tcd.ie

- Please include your Name, Address and Phone Number with your picture.

You can enter as often as you like!
The closing date for entries is Monday, 20th November.