

Core Values Monthly

May 2024



Avista



It is May 2024.

Our core value of the month is Excellence.

Here's what Excellence means to us.

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My name is Amy Fulcher.

I go to TEES, Dublin.

Excellence is winning a trophy for best dancer. I do tap, jazz, ballet, contemporary and Girls Brigade.



My name is Bernadette Kane.

I work in Children's Services, Dublin.

Excellence is doing your job from the heart and trying your best.

If you do this, excellence is a given.



My name is Enda Mason.

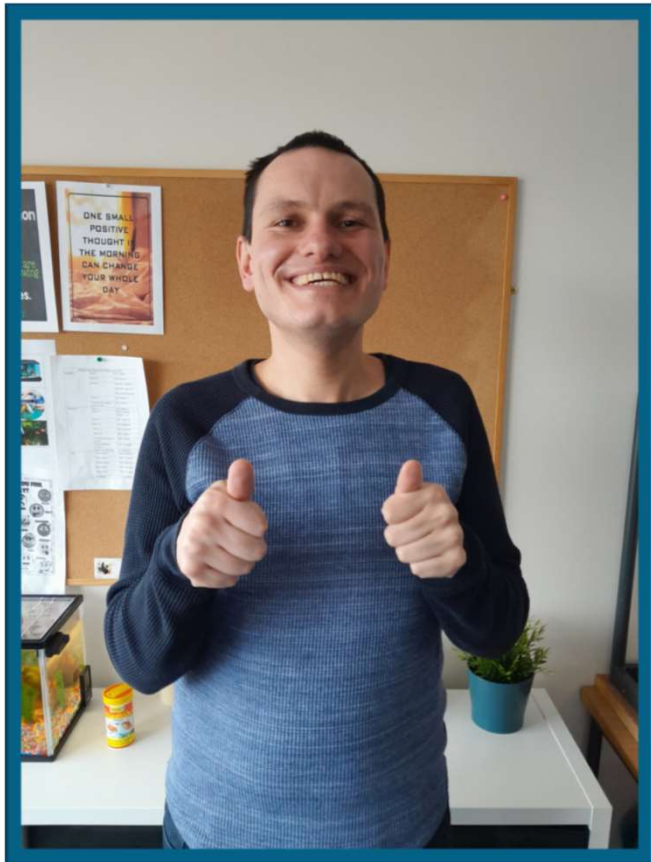
I am from Clonmore, Tipperary.

I am excellent at work.

I set the table and I am on time.

I am a friendly person and I know lots of people in my community. This makes me good at my job.

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My name is Eugene Perevertailov.

I am from TEES, Dublin.

Excellence is making friends. I am good to my friends.

To me, excellence is going for coffee, walks, the cinema and bowling with my friends.

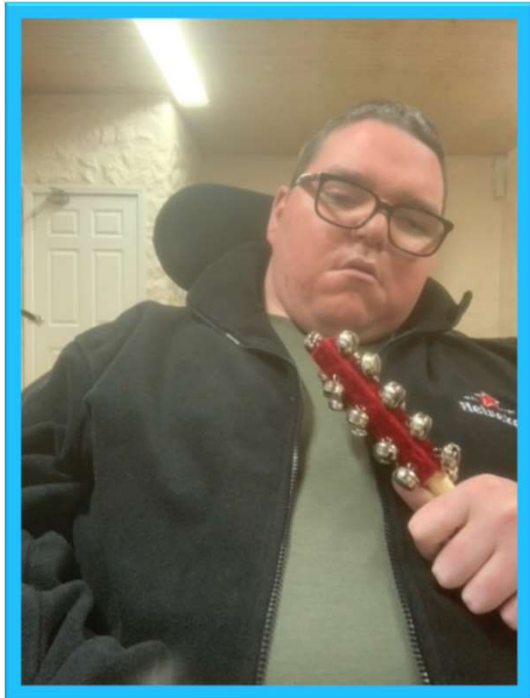
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My name is Siobhain Tallon.

I work in St Louise's Dublin, in Day Supports.

Excellence means doing my best and making sure I help people be the best they can be.



My name is Jason Slevin.

I am from Tipperary.

Excellence is sticking up for what's right.

For example, I believe in kindness and help my friends by standing up for them.



My name is Jane Fleming.

I work in the Orchard, Roscrea.

Excellence is knowing my roles and responsibilities to help the individuals we support to lead the lives they want to live.

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Last month, our core value of the month was justice.

Here are our stories about justice in action.

Finding out where decisions get made

We are from Achieve in Phibsborough, Dublin.

We wanted to go to the Dáil and learn more about politics.

We had see the Dáil on TV. We know the TDs who are elected to represent us there.

We got a tour of Leinster house and saw the Dáil.

You can watch the Dáil from the balcony when it is in session.

We met some TDs coming out of Leinster House and the Virgin Media reporter Gavin Reilly.



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Jenny joins the Nothing About Us Without Us Group

Jenny decided to try the 'Nothing About Us Without Us' group on the Navan Road, run by Pauline Thompson.

This group talks about decision making.

When Jenny went they talked about how they spend their money.

Jenny said how she likes to buy shoes and clothes in the shopping centre.

The group are doing an art and dance piece to celebrate the ADM.

After the group, Jenny said they enjoyed some coffee, croissants, popcorn and diet coke.



The National Spring Clean in Birr

John Paul, Barry, Hubert, & Robert enjoy helping to keep their environment clean at Ashbrook Day supports in Birr Co. Offaly.

They are part of the Birr Tidy Towns committee.

They have been involved with An Taisce's National Spring Clean which is Ireland's nationwide anti-litter campaign. T

This campaign took place for whole month of April.

John Paul, Barry, Hubert & Robert are excellent advocates for environmental justice. Well done everyone!



Register to vote roadshow - my voice my vote!

The register to vote roadshow has been happening all across Avista.

At the Roadshow people can register to vote, check if they are on the register or learn more about voting.

Everyone has a right to vote. By voting you can make your vote heard in your community.



The Roadshow has been in St Josephs, the Navan Road, TEES Dublin, St Louise's Dublin and St Vincent's Lisnagry.

It will be in the Maltings in Roscrea on Wednesday 8th of May from 10am-2pm.

At the Roadshow people got free pens, keyrings and stickers.

It has been enjoyed by all and started many great conversations.

Capturing My Life Through My Eyes

The Digital Life Story Team took part in a film workshop as part of the Catalyst Film Festival in Limerick.

The Catalyst film festival tells stories about people who live lives that others may not know much about.

At the workshop, the Digital Life Story Team learned how to capture videos on their smart phones.

They will use these videos to create a short film about their lives and how they see the world.



Thank you for reading

If you would like to be in the core values monthly, please contact Eve.

eve.roseingrave@avistaclg.ie

0879608385

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